



Communiqué From Commissaires Panel Number: XCO Sunday

Name of the race: 2024 AusCycling NSW/ACT Cross County Series

Round 3 - Nowra

Format: XCO

Venue: Coondoo MTB Park

Date: 15th September 2024

Subject: XCO schedule and provisional laps

Date: 12/09/2024 **Time of issue:** 10pm

Races with multiple categories will have wave starts.

Race lap number will be confirmed on the start line of each race.

Time		Race	Categories	Laps	80%
8:30	8:45		Open Practice		
9:00	10:00	1	U13M	1	No
			U13W	1	
			U15M	2	
			U15W	2	
10:30	11:30	2	U17M		No
			MM5/6	3	
			MM7+	3	
11:30	13:30	3	EliteW	5	No
			U19W	3	
			MW1/2	4	
			MW3/4	3	
			MW5/6	3	
			MW7+	2	
13:30	15:30	4	Elite M	6	No
			U19M	3	
			M1/2M	4	
			M3/4M	4	
			Expert M	5	
			E-Bike	3	